## **Team building**

### Dr. Md. Akhtar Hossain

Professor, Dept. of Fisheries, RU

### **Team**

 A team is a small number of people with complementary skills, who are committed to a common purpose, performance goals and approach for which they hold themselves mutually accountable

## **Team building**

- The building part of "Team building" refers to the notion (concept/idea) that the members of the group will spend some time together where there agenda is "How might we improve our effectiveness as team"
- Teams need to pay attention for the development of individual's skills and abilities. Because, what else is the raw material for building teams

## Importance of team building

- Organizations can achieve better and faster results

### **Effectiveness of team**

- Effectiveness of team has to be greater than the sum of its constituent (components) parts
- The ability to build, develop and lead a team is therefore, one of the hallmarks (characters/standard) of the professional managers
- Much more can be done when subordinates or colleagues work as a team NOT as a group
- It is necessary to identify the factors which block the development of team effectiveness
- It is also important to give and receive the feedback
- It is better to ensure a very strong balance of positive (Appreciation) against negative (Criticism) feedback

## **Building blocks**

- 1. Balanced role
- 2. Clear objectives and agreed goals
- 3. Openness (freedom) and confrontation (understanding)
- 4. Support and trust
- 5. Cooperation and conflict
- 6. Sound procedures
- 7. Appropriate leadership
- 8. Regular review

- 9. Individual development
- 10. Sound inter-group relations
- 11. Good communication

# **Giving feedback**

- It strengthens individuals, relationship and overall team identity
- There are some hints on giving helpful and constructive criticism through balanced feedback:
  - 1. Be specific: avoid generalization
  - 2. Acknowledge the positive: include some genuine positive comments
  - 3. Keep calm: keep your voice low and avoid threatening gesture
  - 4. Keep to the point: practice "brocken record" method
  - 5. Focus on behaviour: Don't attack the person, tell something he can do about

# **Receiving feedback**

- We, to be effective team player, need to be comfortable with both positive (Appreciation) against negative (Criticism) feedback